







How to make a bath bomb

		<p>You will need:</p> <ul style="list-style-type: none"> 2 parts of bicarbonate of soda 1 part of citric acid powder 1 part of Epsom salt Vegetable oil , Fragrance/essential oil One or two drops of food colouring <p><i>1 dessert spoon can be taken as 1 part for a single bath bomb</i></p>
		<p>Mix the dry ingredients together.</p>
		<p>Add the food colouring and the essential oil and mix until evenly blended. Be careful to add only a small amount of food colouring as too much will stain the skin and make you unpopular.</p>
		<p>Add about a teaspoon of oil and mix in. Add a little more oil until the bath bomb will just about hold together but is still a bit crumbly. If absolutely necessary, add a very few drops of water. This will cause the mixture to fizz.</p>
		<p>Place into a lightly oiled mould or two halves of a mould that can be pressed together. The mixture will need to be pressed down very firmly so it holds together. If you are using a two sided mould slightly over-fill the mould.</p>
		<p>Put it in a cake case to dry and leave it for several days to harden.</p>

Bath bombs work because the citric acid and the bicarbonate of soda react together to make carbon dioxide once they are placed in water.

